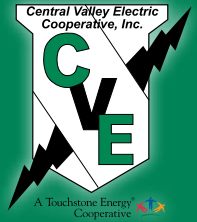




Beyond the Wire

Central Valley Electric Cooperative, Inc.



Safety Training Saves Lives

An electric lineman could be stranded on a pole for many reasons that would prevent them from climbing down; accidental contact with live electric lines, heat stroke, or heart attack to name a few. That is why the Occupational Safety and Health Administration (OSHA) requires linemen to receive pole-top safety training on an annual basis.

The linemen of Central Valley Electric Cooperative received this training in May at the co-op's regular monthly safety meeting.

Each lineman is required to climb a pole, secure a rope around a 200-pound mannequin and lower the "body" to the ground. As a lineman, this is a skill you hope you never need to use, and as a victim, you pray your coworker does know this skill.

Remaining vigilant in their culture of safety and regularly reviewing what they already know can mean the difference between life and death in a critical situation for linemen who sometimes work long hours in extreme weather conditions to restore power to CVE members.

"Thanks to regular safety training like pole-top rescue, CVE's linemen are better equipped to react quickly and efficiently, should an accident ever occur," stated CVE Safety Coordinator Brad Pollard.



NEW EMPLOYEE



Edgar Silva
Apprentice
Lineman

OFFICE CLOSURE

Central Valley Electric Cooperative will be **CLOSED Tuesday, July 4**, in observance of Independence Day.

Have a safe & happy Fourth of July celebration.



Central Valley Electric Cooperative, Inc.

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Summer Safety Tips

When the weather gets hot, we head outdoors for sun and fun. Keep in mind some tips from the Electrical Safety Foundation International to make sure everyone has a safe summer.

Water & electricity don't mix

Summer is the season for swimming and boating, and awareness of electrical hazards around water can prevent deaths and injuries.

- Use covers on outdoor power outlets, especially near swimming pools. Keep cords and electrical devices away from the water, and never handle electrical items before you've dried off.
- Use a ground fault circuit interrupter (GFCI) to help prevent electrocutions and electrical shock injuries. These devices interrupt the flow of power when they sense a surge.

Working with large appliances

If your air conditioner goes out, keep a few things in mind before you start poking around. Large appliances, such as air conditioners, are responsible for almost 20 percent of consumer-product electrocutions each year.

- Understand your electrical system – know which fuse or circuit breaker controls each switch, light, and outlet.
- Make sure circuits are turned off before starting work and take measures to ensure they're not turned back on while working.

- Use a circuit tester – always test before you touch.

Lightning & storms

Lightning strikes are fatal in 10 percent of victims, and 70 percent suffer serious long-term effects, according to the National Weather Service. If you hear thunder, take cover.

- If weather conditions indicate a storm, stay inside – away from doors and windows – or seek shelter in a low-lying area away from trees and any metal, including sheds, clotheslines, poles, and fences. If you're near water, stay as far away as possible.
- Don't forget about your pets. Doghouses are not safe from lightning, and chained animals are easy targets.
- Indoors, unplug electronics before the storm arrives.

Find more safety tips at www.esfi.org.



Underwriters Laboratories Inc.

Thank You



Jack Case

Thank You



After 39 years of service on Central Valley Electric Cooperative's Board of Trustees, Mr. Jack Case has decided to retire.

Case was elected to represent District 2, the Loco Hills area, from 1977 to 1987 before he moved west of Artesia. He was then appointed to the board in 1988 to

represent District 1, the Artesia/Lakewood area, which he served for 29 years.

CVE would like to THANK Mr. Case for his many years of dedicated service to the employees and the members of CVE.

Energy Efficiency Tip of the Month



Avoid setting your thermostat at a cooler setting than normal when you turn on your air conditioner. It will not cool your home any faster and could result in excessive cooling and unnecessary expense.

Source: energy.gov

Central Valley Electric Cooperative, Inc.

OFFICE HOURS:
8:00 a.m. to 5:00 p.m.
Monday - Friday